

VIRTUAL G.I.F.T. (Gathering & Inspiring Future Talent) training starting January 6, 2021

for

Young Adults who want to move forward in their lives and in their careers.

Every week on Wednesday and Friday

Dates: January 6, 2021-March 3, 2021

NO TRAINING: Feb. 17 & Feb. 19

Time: 10AM-12 LUNCH 12-12:30, 12:30-3:00PM

Graduation: Wednesday March 3, 2021

Location: VIRTUALLY on ZOOM

This training is for YOUNG ADULTS in the Lynn and surrounding communities.

APPLY HERE

- **Strength-based pre-employment training**
- **For young adults in recovery from mental health challenges**
- **Learn communication skills to explore and prepare for exciting jobs and careers**

Access to video-enabled laptop or phone. (If you don't have access to technology. please apply and we will work on options).

G.I.F.T. Graduate Testimonial Video:

<https://www.youtube.com/watch?v=YIHayWwM6gl&t=1s>

Communication Skills

This training helps you find which skills and supports you need to be effective in the workplace. It can help you decide what job and what career. direction is right for you.

Career Development

Topics include goal setting, identifying and obtaining the right job match, developing a resume, creating a cover letter, interviewing and job hunting skills and more!

Turning Gifts into Assets

Each person comes into the world with the ability and desire to make a certain kind of contribution to the world around him/her. Find your strengths through a rigorous process