**OABH Collaborative Meeting Notes**

September 9, 2022

Meet our new interns

* Colin Poultney🡪 Senior Elder Services; BU student
* Any Lamberto🡪 MAMH/Senior Elder Services; Simmons MSW student

Updates from EOEA, DMH, DPH

* EOEA:
  + Options Counseling Program: two trainings in October focusing on mental health (open training); training for new counselors (November, not open)
  + Caregiver webinar series for family caregivers on quarterly basis; looking for family caregivers to fill out survey; anyone who want to be involved check link
    - Caregiver Webinar Series survey: <https://forms.gle/LEiRD2PhkGU8CniN7>
* DMH:
  + BH Roadmap,
    - DMH overseeing BH helpline (more in-depth than 988, but does lots of coordinating with 988)
    - Helps individuals get in touch with community-based services and providers with opening
  + Looking for BH Helpline Project Manager
    - Job posting: <https://massanf.taleo.net/careersection/ex/jobdetail.ftl?job=220009FL&tz=GMT-04%3A00&tzname=America%2FNew_York>
  + Once live; make sure EMOTS are aware
    - No specific date yet, but likely around January 2023
* DPH:
  + 988 went live in July
  + MDPH Suicide Prevention Program trainings: <https://www.cvent.com/c/calendar/0b6613d1-e5ee-46f5-9823-560c6f110967>

News from Jewish Children &Family Services (JC&FS)

* Lots of supports group for people suffering from grief/loss and for caregivers of individuals with Alzheimer’s, etc.
* Does a lot of social determinants of health work
* Work is complementary to formal aging networks
* Niche in senior housing, behavioral health, etc.
* Looking for mental health/wellness engagement manager and for individuals with support group experience with mental health background
  + Marjie Sokoll’s email address: [msokoll@jfcsboston.org](mailto:msokoll@jfcsboston.org)
* Mental Health/Wellness Engagement Manager job posting: <https://jfcsboston.hirecentric.com/jobs/216331.html>
* MH Connect: resource line to help people connect with JF&CF resources and community resources
* Sept 19th; Remembering Loved Ones who Died by Suicide (open to anyone)
  + Register: <https://us06web.zoom.us/meeting/register/tZwof-usrTooGNxitDnsi6RXi7cX_a22isFq>

Updates from Older Adult Behavioral Health Collaborative- website, SAMSHA visit, guidelines

* Part of DMH funding comes from mental health block grants from SAMSHA
  + Has been more prescriptive on how they want money to be spent; state/region block grant officer oversees that money is being spent accordingly
  + Block grant officer from DC coming to MA; asked to look at crisis series, first episode psychosis; and OABH services
    - Going to visit MAMH for 90min for casual discussion🡪 EOEA, DMH, OABHN coming to meet/discuss what is occurring in MA
      * Would like someone from the DEI workgroup to attend to discuss what MA is/isn’t doing regarding equity
    - Tuesday (9/13) and Wednesday (9/14) next week (lunch with her is Wednesday 1:30p)
* Elder Mental Health Collaborative’s page on the State Mental Health Planning Council’s website
  + <http://www.mass-smhpc.org/elder/>

MCOA and OABHN in person conferences and upcoming events

* OABHN in-person conference🡪 Holy Cross, Worcester, May 9th
* Theme: healing and community
  + If you know of any speakers or want to be more involved contact Cassie
* MCOA in-person conference
  + Theme: where do we grow from here
  + <https://mcoaonline.com/2022-fall-conference/>

EMHOT/BH innovation RFPs

* 9 EMOTs currently, covering 127 communities
* EMHOTs and EHOTS are same thing but MCOA only collects data on EMOTs
* Substantial amount of the state without EMHOT services (more than half the state)
  + EMHOT RFP emphasized providing services to underserved communities
* Intents to bid for all RFPs
  + 22 for EMHOT RFP
  + 34 for Innovations in BH RFP (<https://mcoaonline.com/wp-content/uploads/2022/08/FY23-FINAL-BH-Innovation-RFP-8-11-22.pdf>)
* Racial/ethnic demographics of adults being served by EMHOTs
  + Cities and towns served by EMHOTs are slightly more diverse than MA as a whole
* Racial/ethnic demographics of older adults served by EMHOTs in communities compared to overall adults in cities/towns served by EMHOTs
  + Need to better serve Asian and Hispanic older adults
* 42% of EMHOT clients found to be at increased risk for experiencing significant health issues (Jan 1, 2022 – June, 30 2022)
  + Higher than usual
* 19% of EMHOT clients experienced BH crisis in reporting periods
* Lowell EMHOT🡪 increase in hoarding
* Bellingham EMHOT🡪 number and severity of MH concerns have risen
* Case management and counseling are more frequently provided services by EMHOTs
* EMHOT Data Summary Report <https://mcoaonline.com/wp-content/uploads/2022/09/EMHOT-2nd-half-FY22-Data-Fact-Sheet-8-31-22.pdf>

Other

* Discussion surrounding older adults with schizophrenia, dementia, psychosis
  + More studies needed
  + Trauma impact and dementia
  + Medication
  + Nursing homes vs assisted living
  + How to support/strengthen supports to older adults
    - More team meetings to discuss issues that could result in increase in nursing home admissions
* Alliant Health Solutions (https://www.allianthealth.org/)
  + [Www.SAMHSA.gov/grants/awards/2022/sm-22-011](http://Www.SAMHSA.gov/grants/awards/2022/sm-22-011)

Meeting Frequency/timing

* Proposal: make collaborative meeting 1hr (9:30a-10:30a) and anyone interesting in advocacy could stay and discuss that for 30 minutes (10:30a-11a)
* Anyone with strong opinions let Cassie know

Info on the social isolation event co-hosted by AARP (if it's of interest): https://events.aarp.org/event/58df0fe6-922f-4a01-8943-a739f5554f0b/summary?RefId=AARP