



Center of Excellence Overview

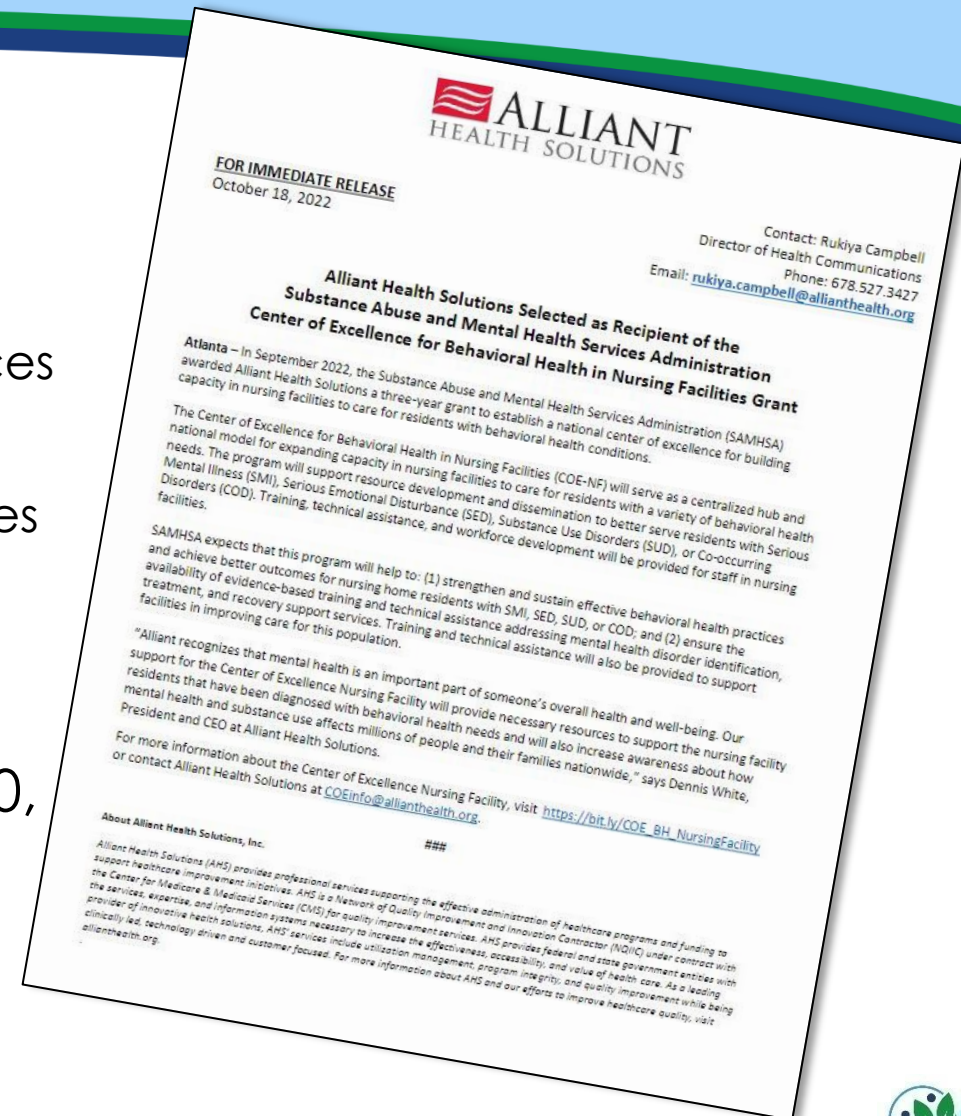
Date: September 8, 2023



CENTER OF
EXCELLENCE
FOR BEHAVIORAL HEALTH
IN NURSING FACILITIES

Center of Excellence for Behavioral Health In Nursing Facilities

- Cooperative agreement between two federal agencies:
 - Substance Abuse and Mental Health Services Administration (SAMHSA)
 - Centers for Medicare and Medicaid Services (CMS)
- Awarded to Alliant Health Solutions
- Three-year grant: Started September 30, 2022



SAMHSA Center of Excellence Model

SAMHSA Centers of Excellence Model:

Provide training and technical assistance on behavioral health needs of special populations.



Examples of other SAMSHA Centers of Excellence:

- E4 Center of Excellence for Behavioral Health Disparities in Aging
- African American Behavioral Health Center of Excellence
- Center of Excellence for Infant and Early Childhood Mental Health Consultation
- LGBTQ+ Behavioral Health Equity Center of Excellence

COE-NF Purpose

Purpose: The COE-NF serves as a centralized hub for expanding capacity in CMS certified nursing facilities to care for residents with a variety of behavioral health conditions. Training, technical assistance, and workforce development are provided to staff in nursing facilities.

Behavioral health areas of focus:

- Serious Mental Illness (SMI)
- Serious Emotional Disturbance (SED)
- Substance Use Disorders (SUD)
- Co-Occurring Disorders (COD)
- Updated CMS nursing facility guidance (behavioral health, resident rights, quality of care)

COE-NF National Staffing Model

Regional Behavioral Specialists Model

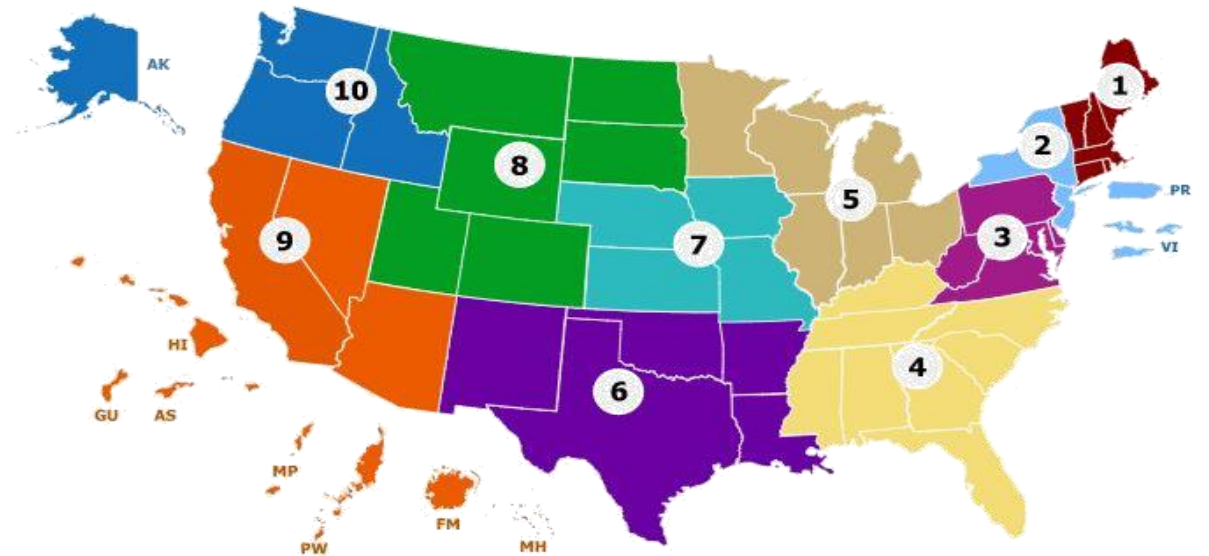
- Experienced behavioral health professionals
- 10 COE-NF Behavioral Specialists
 - Alliant regions 1,2,3,4,5,7
- Each specialist is dedicated to an HHS region
- They live and work in the region they serve

Comagine Health

- Partner
- Cohort Learning
- Supporting regions 6,8,9,10

Additional Support

- Recovery specialist
- Training and education lead
- Subject matter experts on a variety of behavioral health topics



COE-NF Services Audience

- COE-NF offers training and resources for all nursing facility staff
 - Administrators, directors of nursing, social workers, activities, nurses, nurse aides, rehabilitation, environmental services, and dietary team members
- All staff benefit from knowledge and skills regarding resident's behavioral needs, and CMS guidance on behavioral health education.

Services Available to Nursing Facilities

Foundational Trainings

- Behavioral health trainings identified needs assessment (literature review/interviews)
- Frequently offered and available on a monthly rotation
- Multiple facilities participate in same training session
- Trainings are inclusive of, but not limited to:
 - **De-Escalation Strategies** (Certificate program)
 - **Mental Health First Aid** (Certificate program)
 - **Question, Persuade, Refer** (Certificate program)
 - **Mental Health 101**
 - **Substance Use 101**
 - **Trauma-Informed Care**



Services Available to Nursing Facilities

Customized Technical Assistance

- Facility level behavioral health individualized technical assistance
- Provided by behavioral specialists based out of the region they cover
- Customized training opportunities to match facility's needs



Behavioral Health Action Network

- Cohort learning initiative
- Join a group of facilities to learn together and from each other
- Monthly series of learning opportunities
- Each session has educational component and group sharing/learning component
- First series started September 2023



Online Resource Hub

- All resources on SMI/SED/SUD/COD topics with a specialized focus on nursing facility considerations
- On-demand learning modules – utilize when most convenient for staff
- Bite-sized learnings
- Fact sheets and educational flyers



Eligibility

- COE-NF is funded to serve CMS Certified nursing facilities
- Facilities should be listed on the CMS Care Compare site as a **nursing facility** or **skilled nursing facility**
- Nursing facilities that are **not** CMS-certified are **not** eligible for services
- Ineligible facilities can still access the COE-NF free online resource hub, however those facilities are not eligible for technical assistance or trainings.



When to Request Help from the COE-NF

Request assistance with:

- Gaps identified in staff knowledge or skills in meeting behavioral health needs of residents
- Difficulty meeting a particular resident's behavioral health needs
- Where to start and how to prioritize training and skills development for staff around behavioral health needs of residents

Inquiries We Refer:

- Assistance in non-behavioral health areas
- Requests or concerns from residents or care partners
- Requests from providers that are not CMS certified nursing facilities
- Emergencies - call 911



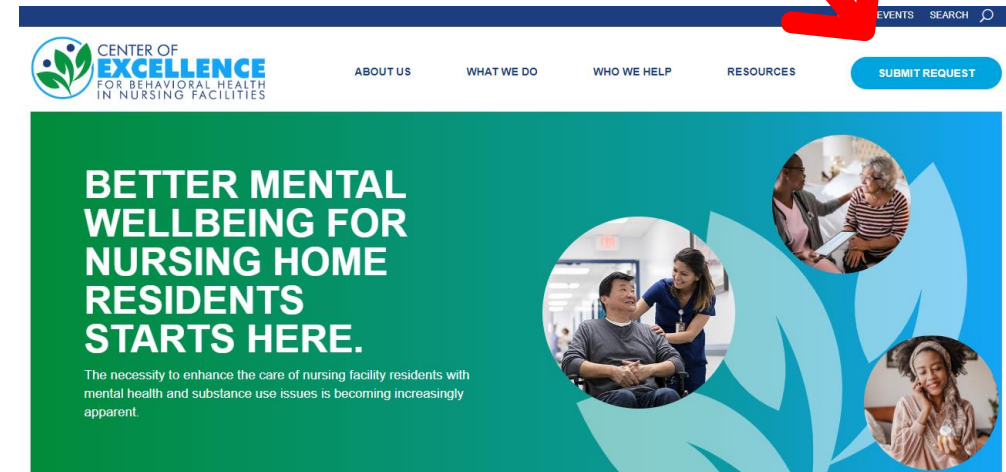
How to Submit a Request

Dedicated Website

- Online form where nursing facilities can submit consultation requests
- Include CCN number and full facility name
- Online requests are responded to within **48 hours**
- <https://nursinghomebehavioralhealth.org/request-assistance>

National Call Center: (844) 314-1433

- Staffed by COE-NF behavioral specialists
- Assistance with completing the consultation request form
- Live Monday-Friday from 1-5 p.m. EST
- Messages will be responded to within **one (1) business day**



Engagement Strategies

Monthly Newsletter

- Shares behavioral health resources
- Provides nursing facility behavioral health regulatory updates
- Announces upcoming training opportunities

Social Media Profiles

- LinkedIn: www.linkedin.com/company/nursinghomebh/
- Twitter: twitter.com/NursingHomeBH
- Facebook: www.facebook.com/NursingHomeBH
- YouTube: www.youtube.com/channel/UCgnRi9EFB9rXApnlUwS09sw

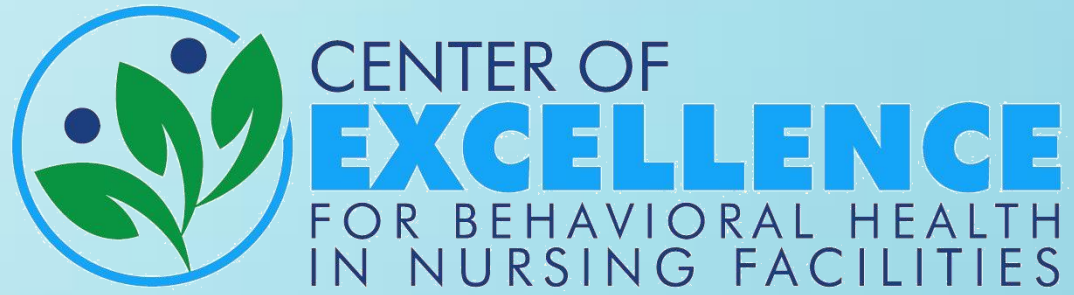
Text Messaging Platform

- Enables nursing facility staff to receive COE-NF updates on their smartphone

SCAN ME



Scan QR code to
sign up for the
COE newsletter.



Questions ?



Presenter Contact Information

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Subscribe to receive text messages from COE-NF!
Scan the QR code or visit <https://bit.ly/COETextList> to stay up-to-date on COE-NF services and news.

Contact us:

For more information or to request assistance, we can be reached by phone at **1-844-314-1433** or by email at coeinfo@allianthealth.org.

Visit the website:

nursinghomebehavioralhealth.org

Thank You!



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