

## Monthly SMHPC Peer Support Committee Meeting

May 20, 2025

7 Attendees

### **Members brainstormed potential standing times for future meetings.**

- Members discussed and reached consensus on a standing meeting time.
- It will take place on the 1st Tuesday of each month from 3-4pm.

### **Action Steps:**

- A re-occurring meeting series will be sent to the group.
- Amie and Adam will reach to remaining members to re-confirm interest and availability

### **Members discussed extending meeting for future meetings.**

The group decided to continue to meet for one hour, learning about planning process to maximize on time.

Members were encouraged to propose agenda items for the next meeting. The item can be revisited should items deem necessary to extend to 90 minutes.

### **Action Steps:**

- No action steps provided.

### **Members discussed membership structure development.**

- The group collectively emphasized the importance of including different perspectives to have more robust conversations.
- The subcommittee will continue to be intentional in touching on other areas of peer support that are not previously represented.
- This included programming modalities such as Respite, RLC, PACT, Inpatient, and Youth Adult Access Centers; as well as regional representation.
- There was also some discussion surrounding membership recruitment. It included representation from the following organizations:
  - o Wildflower Alliance
  - o Tewksbury State Hospital
  - o Worcester Recovery Hospital

### **Actions Steps:**

- Amie will connect with Rob Walker and Ashley Sproul for information on a potential list of peer-involved organizations throughout the Commonwealth.
- Please continue to send names to Amie and Adam to join the subcommittee.
- Amie and Adam will reach out to the chairs of the Employment subcommittee to provide insight on their experiences.

**Subcommittee members also continue from last month's discussion.**

- The following points were made:
  - CEUs and creating more current trainings.
  - A reliance on supervisors and organizations to follow said processes from these peer-focused trainings.
  - The subcommittee as a Change agent of CPS trainings
    - It has a good foundation but lacks necessary tools to provide guidance on the day-to-day operations of the work
    - Clinicians and non- peer of peer support workers should be training under supervision training
  - Subcommittee members decided that an entity that put out the requirements for CEUS is needed. More information is also needed to answer this question: What person qualifies as a supervisor for a peer workforce?

**The meeting was adjourned.**