

SMHPC Peer Support Subcommittee Meeting

March 28, 2025

8 Attendees

Subcommittee members introduced themselves during the call.

Subcommittee members reviewed the purpose statement draft from November 2024.

- Members reached consensus on the purpose statement document being foundational and will be subjected to additional updates as priorities may change.

Subcommittee members also reviewed the Brave Space Agreement.

- Highlighted feedback included:
 - o Access to this detailed framework is helpful and good practice for when it s time to open for the larger group
 - o The acknowledgement of learning and learning at different points was emphasized especially during the peer support space.
 - o There were other points of feedback. Members are encouraged to review these documents and forward feedback to Amie and Adam.

Subcommittee members were given an overview of the State Mental Health Planning Council.

- This overview was provided in tandem with orientation document that describes the SMHPC in detail.

An announcement was made in regards to larger SMHPC meeting on April 3rd at 10am.

- The larger meeting occurs 4 times a year. It is not required to attend but would be appreciated if availability permits
- April's SMHPC meeting will highlight a panel style discussion on co-occurring conditions and Dual Recovery from the mental health and substance use sphere.
- Please connect with Binah if you are interested in joining.

Subcommittee members dicussed structure, scheduling, and engagement for future meetings.

- There was a proposed idea to cultivate a open dialogue to share thoughts regarding current peer support such as certification, increasing unity and diversity in
- Folks also acknowledged the importance of being transparent of where the Peer Support Subcommittee is. The subcommittee is curating a foundation group of folks first before broadening it up to everyone.
 - o Ex: Putting a disclaimer on the SMHPC website acknowledging current step in process and where the subcommittee aims to be in later year.

- Agenda items were also raised for the next subcommittee meeting:
 - Discuss open dialogue discussion points
 - Developing a consistent date and time folks
 - Discuss extending meeting time moving forward

Action Steps:

- Binah will sent a Doodle poll to members for the next meeting in April.

The meeting adjourned.